



Wednesday
January 7, 2026

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

2020

Happy New Year



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



Fragrance Free



Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

Hot Chocolate Bombs



January 7, 2026

**Junior Leadership
Spirit Week**



LOST AND FOUND

Please take the time to check out the lost and found in front of Career Center and the bin by the Gym



HWSS Stocks Competition

by HWSS Stock Trading Club

Rules

Do not exploit bugs, and if you do encounter one, please email me so I can adjust your equity accordingly (127-BZHENG@sd43.bc.ca)

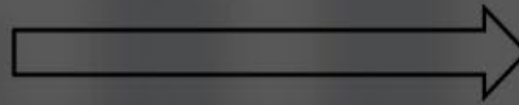
All participants gets Timbits & No cost of entry

Play in our stocks trading simulation to improve your financial literacy and Trading Strategies!

Now - June 8th, 2026

Market**Watch**

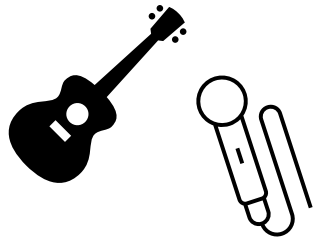
Join teams for more information!



Meetings Always
Monday Lunch

At room 301 (Mr. Sather)





OPEN-MIC DAYS




Every Wednesday
During Lunch
At the Grand hall

Can be singing, dancing,
playing an instrument,
and more

Come and show your
skills by performing for
everyone on open-mic
days!



Scan QR code to sign up!



MATH LEAGUE CONTEST #4
TUESDAY JAN 13th
AFTER SCHOOL IN RM 232

6 questions in 30 min

Open to all grades!

Bring a calculator and a friend!

It's fun and it's free!

QUEER

Queer is an umbrella term used to describe people who identify as non-traditional genders (Transgender, Non-Binary, etc) or non-traditional sexualities (Lesbian, Gay, Bisexual, etc). Many LGBTQIA+ youth are still discovering who they are and may not want their identity to have a specific label. Queer is a great term for anyone who feels like they don't fit into just one box, or specific labels don't feel right for them.

If you have any questions about the HWSS Pride Club, email us at sstewart@sd43.bc.ca

CAREER CENTER



STUDENT POLICE ACADEMY

- The New Westminster Police Department is looking for students aged 16-18 who have a desire to learn about a career in policing.
- The Student Police Academy is a week-long program (March 16 to March 20, 2026) designed to provide students with an unforgettable and educational experience in law enforcement. Participants will have the opportunity to engage in hands-on activities, learn from experienced professionals, and develop valuable skills that extend beyond the classroom.
- This program is ideal for students who are looking to expand their knowledge and get a behind the scenes look at all aspects of policing. From physical conditioning and self-defense tactics, to scenario-based simulations and firearm safety, you will receive the most up to date police training.
- This is your opportunity to see what it takes to be a police officer!



- **Eligibility requirements:**
 - ❖ You are a student in grade 10, 11, 12.
 - ❖ **AND** are between the ages of 16-18;
 - ❖ You are a Canadian Citizen or Permanent Resident;
 - ❖ You have a desire to learn about a career in policing;
 - ❖ You want to expand your knowledge around law enforcement ;
 - ❖ You are motivated, compassionate and empathetic with a genuine desire to help others;
 - ❖ You are committed to attending the program for the entire week; and,
 - ❖ You support and promote a diverse, inclusive, and healthy environment.
- <https://www.nwpolice.org/join-nwpd/student-police-academy/>
- **Deadline to apply: January 07, 2026**



Cmolik Foundation Scholarship

Heritage can
nominate ONE
student only. Read
carefully as this one
has very specific
criteria!

Eligibility Criteria: (must meet all criteria)

- Academic ability to be successful at post-secondary**
- Ineligible for BC Tuition Waiver**
- Faced adversity and has legitimate & significant financial need**
- BC resident living in Canada for at least 7 years**
- Intending to begin FT Study at university, college or trade school**
- Evidence of leadership involvement and good work ethic**

To Apply:

- 1. Hand in an Unofficial Transcript from the BC Ministry of Education site.
GPA: _____** (Please calculate your own GPA by adding all of your %'s and then divide by the # of courses. Include all completed courses from Grades 10-12)
- 2. Write a 1 page; double spaced, 12 font size, single sided paragraph stating why you meet the criteria for this award and why you should be selected.**
- 3. Include a Heritage Woods Financial Need Form.**
- 4. Provide a reference letter from a community member (not a teacher or staff member from Heritage Woods Secondary School).**
- 5. Provide the name of 1 Heritage Woods Teacher/Staff Member who has agreed to be a reference for you. _____**

Student Name: _____ email: _____

Student #: _____ DOB: _____ |

****One student will be nominated!***

Due to Ms. Butler by:

Wed. January 07, 2026 by 12:30!



Schulich Leader Scholarship

Heritage can nominate one student only so read up on this award and the criteria carefully before you to apply to be nominated.

Those who meet all criteria are most likely to be nominated.

Eligibility Criteria: (priority to those who meet all criteria)

- Academic Excellence**
- Outstanding community, business or entrepreneurial leadership**
- Financial Need**
- Canadian Citizen,**
- Intending to begin University Study in September 2026**
- Enroll at a partner university in a STEM field**

To Apply:

- 1. Hand in an Unofficial Transcript from the BC Ministry of Education site.**
GPA: ____ (Please calculate your own GPA by adding all of your %'s and then divide by the # of courses. Include all completed courses from Grades 10-12)
- 2. Write a 1 page; double spaced, 12 font size, single sided paragraph stating why you meet the criteria for this award and why you should be selected.**
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Student Name: _____ **email:** _____

Student #: _____ **DOB:** _____

****One student will be nominated!***

Due to Ms. Butler or Ms. Birsan by:

Friday January 09, 2026 by 12:30!

REO

RESEARCH EXPLORATION OPPORTUNITY



Tour first-class research facilities



Learn basic lab techniques and experiments




Be mentored one-on-one by lab personnel

GENERAL INFORMATION


REO offers high school students, especially those from underrepresented groups* in STEM, the free unique opportunity to explore research labs at partner universities across Canada during a week of spring break.

*e.g., women in tech, LGBTQ+, Indigenous peoples, racial minorities, and youth residing in rural or low-income areas

About REO at UBC

 Eligibility: Grades 9 - 12 students

 Timeline: March 16 - 20, 2026

 Location: UBC Vancouver Campus

For more info, check out linktr.ee/ubcstemfellowship

SCAN HERE TO APPLY



Deadline: January 9th, 2026



Please direct questions to:
ubc@stemfellowship.org

BC Excellence Application for nomination is due to Ms. Butler Jan. 15, 12:30PM

- There are 55 BC Excellence Scholarships available to recognize well-rounded B.C. graduates. Winners demonstrate service and leadership, both at school and in their communities. Winners also show aptitude and commitment to their chosen career paths. They will receive a \$5,000 scholarship voucher to use towards their post-secondary tuition.
- You **must be nominated by your secondary school** in order to apply for this scholarship. Only one student from each school may be nominated. The nomination information is below and on the HWSS Scholarship website.
<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- **Application for nomination:**
- You must submit everything required for the online application (resume using the online template, two reference letters, written statement using online template) PLUS a copy of your most recent transcript from Student Transcript Service. **DO NOT** complete the BC Excellence Nomination Form - only the one selected student will complete that form.
- <https://forms.gov.bc.ca/education-training/bc-excellence-scholarship-application/>
- Students selected as conditional recipients of the BC Excellence scholarship must meet the following requirements **by August 31 of their graduating year** to be confirmed as a recipient and receive their scholarship voucher:
 - [meet basic eligibility requirements](#);
 - be eligible for a B.C. Certificate of Graduation (Dogwood Diploma);
 - fulfill the requirements of the B.C. Graduation Program;
 - be graduating in the same year the scholarship is awarded; and
 - have the following final marks.
 - Minimum “B” average in grades 11 and 12 courses required for graduation.
 - Minimum “B” (73% or above) in Language Arts 12.
 - Minimum “B” average, no more than one “C+” (67% or above), and no marks lower than “C+” in courses that fulfill graduation requirements for Science 11 or 12, Math 11, and Social Studies 11 or 12.
- **Reminder: ONE STUDENT may be nominated from Heritage Woods but only 55 students in BC are selected as winners.**